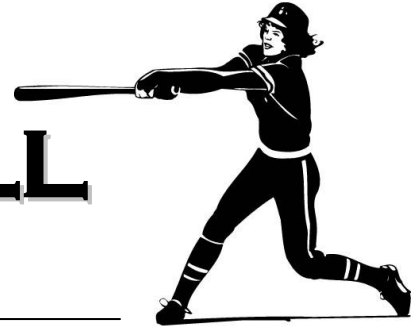


Lampeter-Strasburg High School Softball

FRIDAY EVENING 10U SOFTBALL OPEN GYMS



When: *Friday Evening in ...
November, December,
January & February*

Times: *6pm to 7:30pm*

Place: *Martin Meylin Gym (November & December)
Hans Herr Gym (January & February)*

Dates: *November 4, 11, 18 (in MM gym)
December 2, 9, 16 (in MM gym)
January 6, 13, 20?, 27 (in HH gym)
February 3, 10, 17?, 24 (in HH gym)*

A typical Open Gym Outline:

Throwing Drills
Individual Defensive Drill
 Infield, Outfield & Catching
Hitting
Base running



be apart of the
PIONEER PRIDE AND TRADITION

